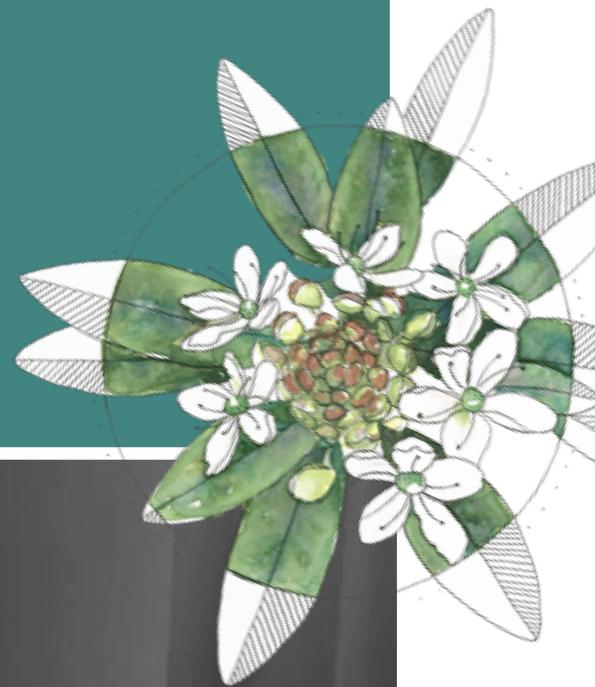


Qanuikkat Siqinirmiut
ᑎᓄᓄᓄᓄᓄᓄᓄ ᓄᓄᓄᓄᓄᓄᓄᓄ

PRELIMINARY RESULTS OF THE QUALITATIVE ANALYSIS

The following **themes** were identified from the qualitative data and touch on a wide range of issues that affect the health and wellbeing of Siqinirmiut.

- Multiple southern Inuit communities
- Appreciation of the southern environment
- Identity, culture and language
- Mental and physical health
- Relations with the North
- Access to health services
- Interpersonal relationships



The following **needs** and **actions** emerged from our preliminary analysis as **key avenues to be considered and to evaluate** further.

Fostering connections among Inuit and opportunities for sharing culture

- Increase promotion and communication of Inuit-specific events, services and places
- Creation of North-South networks to assist people going north, accessing northern goods and food
- Cultural mentors to transmit cultural knowledge and skills
- More Inuit language resources

Helping people becoming city-wise

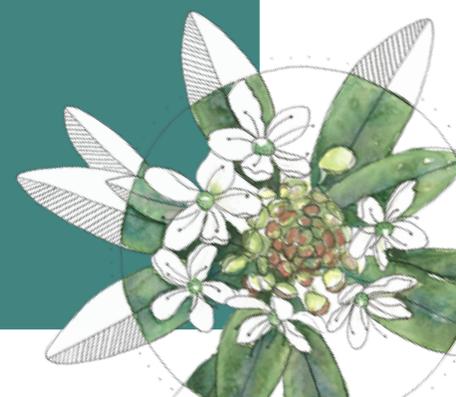
- Better understanding of pathways and motivations people follow to live in the South
- Resources for newcomers, such as city navigators and networking systems
- Education about southern socioeconomic systems and practices
- Information about finding housing, leases and tenant rights
- Promotion of French language training

Providing culturally relevant health services

- Evaluating mental health needs to improve the availability of culturally relevant resources
- Health system patient navigators
- Resources to answer specific needs, such as trauma-informed therapy and a wet shelter
- Develop cultural safety tools for health care system and providers

Educating non-Inuit about Inuit culture

- Advocacy for better understanding of contemporary Inuit
- Increase efforts to raise awareness about Siqinirmiut realities
- More positive cultural representations in public spaces to increase visibility



WHAT'S NEXT?

In the coming months, we will complete the analysis of the interviews and other material collected so far. The results will be used to make decisions around the content of the health survey questionnaire. The survey will be a complex undertaking involving many people and will require the help and support of Inuit organizations. Our objective is to survey around 400 Inuit in southern Quebec.

TO REACH US OR FOR MORE INFORMATION



@qanuikkatsiqinirmiut



info@qanuikkatsiqinirmiut.ca



<http://qanuikkatsiqinirmiut.ca>

RESEARCH TEAM

Principal investigator: Christopher Fletcher, Laval University

Co-investigator: Mylène Riva, McGill University

Project coordinator: Marie-Claude Lyonnais, Laval University

Community liaison and Knowledge User: Tina Pisuktie, executive director, Southern Quebec Inuit Association

Research assistant: Mathilde Lapointe, Laval University

Research consultant and methodology expert: Nathalie Boucher, Organisme R.Es.P.I.R.E

Post-doctoral researcher: Ariane Benoît, Laval University

